**FOR IMMEDIATE RELEASE**  
**April 23, 2025**

**Shred It, Drop It, and Forget It – Free Shredding & Medication Disposal Event Set for May 15**

**Hudson, NC** – Protect your personal information and safely dispose of old medications at the second “Shred It, Drop It, and Forget It” community event on **Thursday, May 15, from 9 a.m. to 12:00 p.m.** at **4292 Helena St., Hudson, N.C.**, directly across from the Sawmills Town Hall.

Hosted by **Caldwell Senior Center**, in partnership with the **Town of Sawmills** and **North Carolina Senior Medicare Patrol (NC SMP)**, this free event offers Caldwell County residents a convenient way to safeguard themselves against identity theft and prescription drug misuse.

Community members are invited to bring up to **three boxes of personal documents** for on-site shredding — **individuals only, no businesses please**. The **Caldwell County Sheriff’s Department** will also be on hand to provide **free medication drop-off services**, helping residents safely dispose of unused or expired prescriptions.

Attendees will receive **fraud prevention information** and those who **pre-register** will be **entered into door prize drawings**. Registration is not required to participate in the event, but it is encouraged for prize eligibility.

“We’re proud to host this event again and bring together important community resources to help residents protect themselves and their families,” said April Austin, executive director of Caldwell Senior Center. “This is all about empowering our community to take simple steps toward greater safety and peace of mind.”

For more information, please contact the Caldwell Senior Center at 828-758-2883.