



HEALTHY AGING EXPO

Tuesday, September 17, 2024
9 am - 3 pm

Chatham County Agriculture
& Conference Center
1192 US Hwy 64 West Business,
Pittsboro, North Carolina

Expo Schedule

- 9:00 – 10:00 AM Registration & Resource Fair
- 10:15 – 11 AM 1st Session
- 11:15 – Noon 2nd Session
- Noon – 1:00 PM Lunch & Keynote Address
- 1:15 – 2:00 PM 3rd Session
- 2:15 – 3:00 PM 4th Session

Explore topics related to healthy aging for older adults through four different tracks...

- Healthy Brain and Body
- Healthy Transitions
- Healthy Finances
- Healthy Spiritual & Emotional Health

Keynote Speaker



**Jill Simmerman
Lawrence**
Deputy Director
NC Division of Aging

FREE REGISTRATION

Questions?

919-542-4512

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Registration
Link

